






# October 2017 Courtyard Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Ham, Spinach, Scalloped Potatoes, Salad, Soup <b>Dinner</b> - Club Sand, Melon Layered Fruit, Soup</p>	<p>2 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Turkey/Glazed Veg, Stuffing, Roll, Soup, Salad <b>Dinner</b> - Chicken &amp; Biscuits, Crumb Topped Peaches, Soup</p>	<p>3 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Smothered Pork Chops w/ Sweet Mustard Sauce, Roasted Potatoes, Carrots, Roll, Salad, Soup <b>Dinner</b> - Ham Sand., Watermelon., Sweet Potato Fries, Soup</p>	<p>4 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> -BBQ Chicken Legs, Baked Beans, Veg, Fruit Salad, Soup <b>Dinner</b> - Roasted Beef Carve, Fruit Medley Mix, Soup</p> 	<p>5 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Spaghetti, Roasted Potato medley, Green Beans, Garlic Bread, Salad, Soup <b>Dinner</b> - Chicken Caesar Salad, Pears, Soup</p>	<p>6 <b>Breakfast</b> - Courtyard Breakfast &amp; Pancakes <b>Lunch</b> - Oven Fried Fish, Steamed Broccoli, Roll, Salad, Soup <b>Dinner</b> - BLT Sand, Chips, Fruit, Soup</p>	<p>7 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - French Dip Sandwiches, Potato Salad, Green Beans, Salad, Soup <b>Dinner</b> - BBQ Chicken Platter, Carrots, Roll, Soup</p>
<p>8 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Grilled Chicken Breasts, Baked Potato, Mixed Veg., Salad, Soup <b>Dinner</b> - Turkey Sand, Berry Jello, Fruit, Soup</p>	<p>9 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Meatloaf, Normandy Blend Veg., Salad, Soup <b>Dinner</b> -Shredded Pork &amp; Rice, Citrus Fruit Cup, Soup</p>	<p>10 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Ranch Chicken, Yellow Squash, Roll, Salad, Soup <b>Dinner</b> - Grilled Cheese Sand, Tropical Mixed Fruit, Soup</p> 	<p>11 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Baked Ziti/4 Cheese Sauce, Harvard Beets, Salad, Soup <b>Dinner</b> - Beef Swiss Sand, Honeydew Salad, Soup</p>	<p>12 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> -Salisbury Steaks w/ Gravy, Mac &amp; Cheese, Green Beans,, Salad, Soup <b>Dinner</b> - Chicken Nuggets, Tater Tots, Peach Fruit Cup , Fruit, Soup</p>	<p>13 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Cod w/ Tomato Cream Sauce, Peas &amp; Carrots., Salad, Soup <b>Dinner</b> - Sloppy Joes, Cole Slaw, Fruit, Soup</p>	<p>14 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - BBQ Meatballs, Corn, Roll, Salad, Soup <b>Dinner</b> - Chicken Alfredo, Peas, Fruit Salad, Soup</p>
<p>15 <b>Breakfast</b> -Courtyard Breakfast <b>Lunch</b> - Chicken Cacciatore, Baked Seasoned Veg, Salad, Soup <b>Dinner</b> - Skillet Ham &amp; Potatoes, Fruit, Soup</p>	<p>16 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Corned Beef &amp; Cabbage, Spinach, Roll, Salad, Soup <b>Dinner</b> - Pastrami &amp; Swiss, Chips, Fruit Green Salad, Soup</p>	<p>17 <b>Breakfast</b> -Courtyard Breakfast <b>Lunch</b> - Pork Roast Teriyaki, Honey Glazed Peas &amp; Carrots, Salad, Soup, <b>Dinner</b> - Opened Face Sand, 24-hr Fruit Salad, Soup</p>	<p>18 <b>Breakfast</b>- Courtyard Breakfast <b>Lunch</b> - Fried Chicken, Cole Slaw, Baked Beans, Soup <b>Dinner</b> - Grilled Tuna &amp; Cheese Sand, Chips, Fruit, Soup</p>	<p>19 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Kielbasa/Peppers, Steamed Veggies. Salad, Soup <b>Dinner</b> -Turkey BLT Wrap, Fruit, Soup</p> 	<p>20 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Baked Dijon Salmon, Green Beans/Bacon, Roll, Salad, Soup <b>Dinner</b> - Pulled Pork Sand, Mac Salad, Fruit , Soup</p>	<p>21 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Tuna Salad Sandwich, Seasoned Potatoes, Veggies, Soup, Salad <b>Dinner</b> - Ham and bean Casserole, Green Beans, Soup</p>
<p>22 <b>Breakfast</b> -Courtyard Breakfast <b>Lunch</b> - Ham, Creamy Potatoes &amp; Peas, Veg, Roll, Salad, Soup <b>Dinner</b> - Taco Salad, Tortilla Chips, Fruit, Soup</p>	<p>23 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Pork Chow Mein, Stir Fry Veg, Egg Rolls, Salad, Soup, <b>Dinner</b> - Hot Dogs, Watermelon Salad, Soup</p>	<p>24 <b>Breakfast</b> -Courtyard Breakfast <b>Lunch</b> - Roast, Scalloped Potatoes, Normandy Blend Veg., Roll, Salad, Soup <b>Dinner</b> - Grilled Sand., Fruit Compote, Soup</p>	<p>25 <b>Breakfast</b> - Courtyard breakfast <b>Lunch</b> - Country Fried Steaks w/ Gravy, Mash Potatoes, Veg Salad, Soup <b>Dinner</b> - Egg Salad Sand, Honeydew, Chips, Soup</p>	<p>26 <b>Breakfast</b> -Courtyard Breakfast <b>Lunch</b> - Seasoned Meatballs w/ Gravy, Seasoned Cauliflower, Roll, Salad, Soup <b>Dinner</b> - Chicken Pocket, Cantaloupe, Soup</p>	<p>27 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Seasoned Baked Fish, Rice, Veg, Roll, Salad, Soup <b>Dinner</b> - Tuna Noodle Casserole, Whipped Lime Jello, Fruit, Soup</p>	<p>28 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Spaghetti w/meat sauce, Carrots, Salad, Soup <b>Dinner</b> -BBQ Ham Sandwich, Peaches, Cauliflower, Soup</p>
<p>29 <b>Breakfast</b> -Courtyard Breakfast <b>Lunch</b> - Cheeseburgers, Fries, Veg, Salad, Soup <b>Dinner</b> - Pizza , Fruit, Soup</p>	<p>30 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - Beef Stroganoff, Veg, Salad, Soup <b>Dinner</b> - Sweet &amp; Sour Chicken , stir fry veggies, Soup</p>	<p>31 <b>Breakfast</b> - Courtyard Breakfast <b>Lunch</b> - “Ghoulash”, Corn Casserole, Salad, Soup <b>Dinner</b> - Mummy Dogs, Apple Slices with caramel, Soup</p> 