



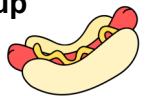







# October Courtyard Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1. Cream of Wheat Lunch: Smoked Sausage, Fried Potatoes, Vegetables, Salad, Soup Dinner: Reuben, Fries, Soup
2. Courtyard Breakfast Lunch: Chicken Fried Steak, Mashed Potatoes, Vegetables, Salad, Soup Dinner: 	3. Courtyard Breakfast Lunch: Hot Dogs, Fries, Fruit, Salad, Soup Dinner: Beef Burritos, chips, Salsa, Soup	4. French Toast Lunch: Pot Roast, Mashed Potatoes, Vegetables, Salad, Soup Dinner: Egg Salad Sandwiches, Fruit, Soup	5. Courtyard Breakfast Lunch: Cheddar Baked Chicken, Rice, Vegetables, Salad, Soup Dinner: Egg Rolls, Fruit, Soup	6. Courtyard Breakfast Lunch: Beef Stroganoff, Noodles, Vegetables, Salad, Soup Dinner: Tuna Salad Sandwiches, Potato Salad, Soup	7. Hash Browns Lunch: Spaghetti, Meatballs, Vegetables, Salad, Soup Dinner: BLT, Chips, Soup	8. Courtyard Breakfast Lunch: Baked Turkey, Sweet Potatoes, Vegetables, Salad, Soup Dinner: French Dips, Chips, Soup
9. Courtyard Breakfast Lunch: Meatloaf, Mashed Potatoes, Vegetables, Salad, Soup Dinner: Patty Melt, Fries, Soup	10. Pancakes Lunch: Baked Cod, Coleslaw, Vegetables, Soup Dinner: Pizza, Salad, Soup 	11. Courtyard Breakfast Lunch: Pork Loin, Scalloped Potatoes, Vegetables Dinner: Egg and Sausage Casserole, Fruit, Soup	12. Courtyard Breakfast Lunch: Hamburgers, Fries, Fruit, Salad, Soup Dinner: Chicken Burritos, Chips, Salsa, Soup	13. Omelets Lunch: Honey Mustard Pretzel Chicken, Rice, Vegetables, Salad, Soup Dinner: Turkey and Cheese Sandwiches, Fruit, Soup	14. Courtyard Breakfast Lunch: Chicken Fried Steak, Mashed Potatoes, Vegetables, Salad, Soup Dinner: Chicken Salad, Fruit, Rolls, Soup	15. Courtyard Breakfast Lunch: Chicken Alfredo, Noodles, Vegetables, Salad, Soup Dinner: Quesadillas, Chips, Fruit, Soup
16. Biscuits and Gravy Lunch: Smoked Sausage, Fried Potatoes, Vegetables, Salad, Soup Dinner: Grilled Ham and Cheese, Fruit, Soup	17. Courtyard Breakfast Lunch: Fried Chicken, Baked Beans, Coleslaw, Soup Dinner: Tuna Salad Sandwiches, Fruit, Soup	18. Courtyard Breakfast Lunch: Pot Roast, Mashed Potatoes, Vegetables, Salad, Soup Dinner: Ham and Cheese Sandwiches, Chips, Soup	19. Cream of Wheat Lunch: Hot Dogs, Fries, Fruit, Salad, Soup Dinner: Egg Salad Sandwiches, Fruit, Soup 	20. Courtyard Breakfast Lunch: Apple Butter Pork, Scalloped Potatoes, Vegetables, Salad, Soup Dinner: BLT, Chips, Soup	21. Courtyard Breakfast Lunch: Fish and Chips, Coleslaw, Soup Dinner: Beef Burritos, Chips, Salsa, Soup	22. French Toast Lunch: Spaghetti, Meatballs, Vegetables, Salad, Soup Dinner: Reuben, Fries, Soup 
23. Courtyard Breakfast Lunch: Cheddar Baked Chicken, Noodles, Vegetables, Salad, Soup Dinner: Chef Salad, Fruit, Soup	24. Courtyard Breakfast Lunch: Meatloaf, Mashed Potatoes, Vegetables, Salad, Soup Dinner: Pizza Salad, Soup	25. Hash Browns Lunch: Baked Turkey, Sweet Potatoes, Vegetables, Salad, Soup Dinner: Egg and Sausage Casserole, Fruit, Soup 	26. Courtyard Breakfast Lunch: Smoked Sausage, Fried Potatoes, Vegetables, Salad, Soup Dinner: Egg Rolls, Fruit, Soup	27. Courtyard Breakfast Lunch: Honey Mustard Pretzel Chicken, Rice, Vegetables, Salad, Soup Dinner: Creamed Chipped Beef, Fruit, Soup	28. Hash Browns Lunch: Hamburgers, Fries, Fruit, Salad, Soup Dinner: Peanut Butter and Jelly, Fruit, Soup 	29. Courtyard Breakfast Lunch: Baked Cod, Potato Salad, Vegetables, Salad, Soup Dinner: French Dips, Chips, Soup
30. Courtyard Breakfast Lunch: Pork Loin, Baked Potatoes, Vegetables, Salad, Soup Dinner: Patty Melt, Fries, Soup	31. Pancakes Lunch: Fried Chicken, Baked Beans, Coleslaw, Soup Dinner: Turkey and Cheese Sandwiches, Fruit, Soup 